

## Introduction to Student Life Session Plan [50 min]



Supporting Gatsby benchmark 7.

## Learner Outcomes

## Short-term outcomes:

- Learners improve finance and budgeting skills.
- Learners have increased knowledge about apprenticeships and university life.
- Learners have increased knowledge about extracurricular activities and their benefits.

## Medium-term outcomes:

- Learners are aware of where to locate resources and support on university student life
- Learners are able to conduct further independent research into their futures based on their unique interests and aspirations.

Sequence of Learning Activities:	Timings	Facilitator Activity	Attendee Activity	Resources
Introduction	2 min	<ul> <li>Introduce yourself and Hello Future</li> <li>Run through workshop aims and outcomes</li> <li>Break down how the session will work – there are three activities that focus on different aspects of student life, whether this is related to university or higher/degree apprenticeships. A class of 30 should therefore be split into three groups of 10 to facilitate this.</li> <li>Presenter can give a brief overview of their student life and inform learners that practitioners in the session will answer questions from learners if any come up during the activities. Learners will be given a booklet at the end so that they can do further research as they wish after the session.</li> </ul>	Active listening	PowerPoint
University or Apprenticeship Debate	15 min	[Presenter] Present the two different options – university and higher/degree apprenticeships - and give a brief introduction of the options.  This activity is designed so that learners can see the pros of both university and apprenticeships, and therefore acknowledge that both are viable options for higher education. In their group of 10, split them into two, one side to argue pro-University and one side to argue pro-Apprenticeship. Once this is done, give them the prompt sheets so in their groups they can plan out their side of the argument.	Active listening  Active participation  Constructing an argument  Working with others	PowerPoint Prompt sheet

			Group discussion	
		Learners should have 10 minutes to prepare and then 5 minutes to debate	Group discussion	
		(adjudicated by a practitioner if possible).	Debating (not	
		(adjudicated by a practitioner if possible).	necessarily the side	
		Prompts from the sheet:	they agree with)	
		Earning while learning	liley agree willi)	
		Moving away or staying at home		
		Social life		
		Assessment styles		
		Living in a city or on campus		
		Entry requirements		
		Placement options		
		Scholarships		
		Options to study abroad		
		Loud and social, or quieter		
		Work experience		
		Budget		
		Living alone or with others		
Budgeting	15 min	[Presenter] Introduce the task to learners and give a brief description	Active listening	PowerPoint
Activity		introduction of the options, e.g. halls or private rented flat. They will need		
		different things dependant on what is already available in the	Active participation	Work sheet
(Move away or		accommodation.		
stay at home)			Budgeting	
Stay at Home)		This activity is designed so that learners can consider the necessities and		
		their priorities of other items if they are to move into new accommodation	Prioritising	
		when they start their higher education studies.		
		The worksheet lays out a number of items for the various rooms: kitchen;		
		living room; bedroom and bathroom, as well as some miscellaneous items.		
		Once they have chosen their items, they can detail them on the worksheet,		
		to fit their budget of £95. This activity can facilitate discussion, both		
		amongst themselves, and with a practitioner.		
Social Life	15 min	[Presenter] Present the task and give a brief description of what is involved.	Active listening	PowerPoint
Human Bingo		Perhaps give examples of clubs or societies you were involved with when		
		you were in higher education.	Active participation	Bingo card sheet
		Learners should be given the bingo cards with various clubs and societies	Discussion with	
		on them - the goal is for them to find others with some of the same options	peers (not	
		and write a name in each box. This allows them to discover different clubs	necessarily those	
		and societies, but also talk to peers they may not interact with day-to-day.	they would speak to	
			day-to-day)	
		Learners should see that some clubs/societies would have been expected		
		but some should be more unexpected.		

		Once they have completed this task by talking to the other members of their group – they can choose 2 clubs/societies that they would try (with the acknowledgment that they wouldn't be able to try them all).		
Conclusion (What's the point?)	2 min	On average, someone of working age without a degree is making £22,000 a year. This is also a great wage. However, when you have a degree your value massively increases because of all the skills and expertise your education has helped you to develop. So on average, someone of working age with a degree is making about £31,000 a year. This is a whopping £9,000 more than someone without a degree. Of course money shouldn't ever be the sole incentive, but it's a good example. Those people are earning more because they are more skilled and therefore the pool of jobs they are applying for increases massively.	Active listening	PowerPoint
Final slide	1 min	Learners should be made aware that this session is a starting point for their research, not the sum of it. Booklets containing sites and different information they can use should be handed out.  Also, signpost to Hello Future social channels so that the learners can seek out further opportunities.	Active listening	PowerPoint  Booklet to take away – further information