



Top Tips

for Studying Effectively

- Find a revision style that works for you:** try working with friends, utilise study apps and online revision activities, and figure out which tools you need to help you study.
- Do some wider reading on your subject area:** you can use other sources such as documentaries or YouTube videos to help you to make your revision more interesting!
- Create a schedule:** this will help you moderate the time you spend studying in balance with your hobbies and keep on track of what you need to do!
- Take regular breaks:** you don't need to study every minute of every day, taking breaks will help your brain to process the information it is learning.
- Find a comfortable study space:** you will spend a lot of time here, so make sure you're able to create the environment you need to be productive.
- Remove distractions:** figure out what distracts you and try and remove them for a while. If it is your phone, try turning notifications off for a while!
- Get plenty of sleep:** your brain is still working whilst you sleep; processing memories and resting your body to help you be productive the next day!